

**MAHARAJA RANJIT SINGH PUNJAB TECHNICAL UNIVERSITY,  
BATHINDA**

**Qualifying Mark (Men) 2019-20**

Sr. No.	Event	Time/Height/Distance
1.	100m.	0:10.85sec.
2.	200m.	0:22.11sec.
3.	400m.	0:48.63sec.
4.	800m.	1:53.07sec.
5.	1500m.	3:59.17sec.
6.	5000m.	15:53.98sec.
7.	10000m.	33:13.46sec.
8.	110m. Hurdles	16.94sec.
9.	400m. Hurdles	0:54.37sec.
10.	Long Jump	7.29mts.
11.	Triple Jump	15.44mts.
12.	High Jump	1.95mts.
13.	Pole Jump	2.53mts.
14.	Javelin Throw	66.69mts.
15.	Discuss Throw	46.19mts.
16.	Shot-Put	15.81mts.
17.	Hammer Throw	55.28mts.

**Qualifying Mark (Women) 2019-20**

Sr. No.	Event	Time/Height/Distance
1.	100m.	0:12.16sec.
2.	200m.	0:24.86sec.
3.	400m.	0:57.77sec.
4.	800m.	2:18.40sec.
5.	1500m.	4:42.22sec.
6.	5000m.	17:52.27sec.
7.	10000m.	40:03.40sec.
8.	100m. Hurdles	14.69sec.
9.	400m. Hurdles	1:07.38sec.
10.	Long Jump	5.76mts.
11.	Triple Jump	12.43mts.
12.	High Jump	1.63mts.
14.	Javelin Throw	43.11mts.
15.	Discuss Throw	43.46mts.
16.	Shot-Put	12.80mts.

  
**Director Sports & Youth Welfare**