
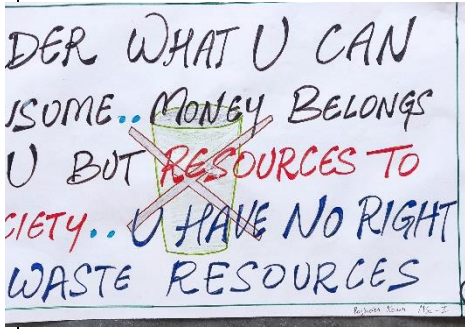




Day Celebrated Record

Day Celebrated	National Nutritional Week (NNW)	
Date	1-7 September 2021	
Department	Food Science and Technology	
Report	<p>National Nutritional Week was celebrated in the Department of Food Science and Technology, Maharaja Ranjit Singh Punjab Technical University, Bathinda. Feeding smart right from start was the theme. The key objective of the NNW is to promote nutritional practice awareness among the population via adopting training, education, seminars, various competitions, roadshows, and many other promotional activities to make a healthier Nation. For the upliftment of any country, it is vital for the nation to improve the overall nutritional status of the populace. With this aim POSHAN Abhiyan, 2018-2022 was introduced to minimize child under-nutrition and low-birth by 2% a year and anaemia across all age-groups by 3% and create a huge movement for good nutritional well-being in the country. Awareness was created among students with the help of webinar and poster making competition. There were almost 100 participants. Dr. Kawaljit Singh Sandhu (HOD, Food Science and Technology) addressed the students. This event was a huge success.</p>	
Photographs		
		
Caption: Poster Making	Caption: Poster Making	

Day Celebrated Record

Day Celebrated	World Food Safety Day
Date	7 June 2021
Department	Food Science and Technology
Report	<p>World Food Safety Day was celebrated in the Department of Food Science and Technology, Maharaja Ranjit Singh Punjab Technical University, Bathinda. The theme for the day was Safer food, better health. Safe food is essential to human health and well-being. Only when food is safe we can fully benefit from its nutritional value and from the mental and social benefits of sharing a safe meal. Safe food is one of the most critical guarantors for good health. We need to transform food systems to deliver better health, and we need to do so in a sustainable manner. Food systems policy-makers, practitioners and investors should reorient their activities to increase the sustainable production and consumption of safe foods in order to improve health outcomes. To make safe and healthy diets accessible for all, applicable agricultural, food, trade and industry development policies need to promote food safety. Systemic changes for better health will bring safer food, which is a critical enabler of long-term human development and a prerequisite or the achievement of the Sustainable Development Goals (SDGs). A webinar was hosted to bring together key players in the food system to talk about everyone's role in food safety followed by the discussion with a question-and-answer session to provide tips and information to students in the department. There were almost 150 participants. Dr. Kawaljit Singh Sandhu (HOD, Food Science and Technology) addressed the students. This event was a huge success.</p>
Photographs	
	
Caption: Webinar	Caption: Poster Making

HOD

Science day celebration 8 march 2021

