

Simran Sidhu

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PROFILE SUMMARY

Postgraduate (M.Sc.) in Food Science and Technology with strong knowledge of food and nutrition subjects. Passionate about teaching and helping students understand concepts in a simple and clear way. Can teach subjects like Food technology, Food Additives and Food Microbiology effectively. Eager to contribute as a teacher and help students grow academically and personally.

EDUCATION

MAHARAJA RANJIT SINGH PUNJAB TECHNICAL UNIVERSITY

Bathinda

- **MSc Food Science & Technology**

June, 2023

- Subject of Interest: Bakery, Food Microbiology, Food Preservation.
- Thesis: Effect of Processing on the Nutritional Characteristics and Functionality of Kodo Millet.
- Areas of Interest: Bakery, Food Microbiology, Food Preservation

CHAUDHARY DEVI LAL UNIVERSITY

Sirsa

- **BSc Medical**

May, 2019

- Subject of Interest: Biotech, Chemistry.

- **B.Ed**

Sirsa

- Subject of Interest: Physical Science, Life Science.

Sept. 2021

HIGHER AND SENIOR SECONDARY SCHOOL

Ellenabad

- 12th CRDAV Public Sen. Sec. School
- 10th CRDAV Public Sen. Sec. School

May, 2015

May, 2013

INDUSTRIAL TRAINING

Quality Control– 45 Days

Bonn Industries Ltd.

Ludhiana

July, 2022

- Actively contributed to the quality control department, ensuring adherence to rigorous standards and maintaining product excellence throughout the production process.
- Study the role of individual ingredients in Bread making.
- Learned about industry standards, safety protocols, and quality control procedures.

Quality Control– 45 Days

Pharma Instinct

Chandigarh

- Training in Biotech Research and Development and Quality Control. July, 2018
- Observed and supported the team in biochemical analysis, data recording, and report writing.

CERTIFICATES & ACHIEVEMENTS

World Food Day

Bathinda

- **Second Position in Food Stall Setup**

October, 2022

- Competed against 30 participants
- Created and presented innovative, healthy dishes that were both delicious and visually appealing.

- **Second Position in Cooking Competition**

September, 2022

- Competed against more than 50 participants across the Food technology and Agriculture department.
- Demonstration expertise in creating delicious, nutritious meal recipes using locally sourced ingredients.

- ***Attended National Conference on “Basics of Research Methodology”*** December, 2022
 - Gained deeper understanding of the fundamentals of research paper writing, data collection, analysis and writing review paper.

SKILLS

- Excellent communication skills
- Public Speaking and Presentation
- Leadership Skills
- Basic Computer Knowledge (MS Word, PowerPoint, Excel)
- Time management skills
- Teamwork and collaborative